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ERRATUM

Use of Motor Imagery Enhances Vastus Medialis Obliquus Muscle Recruitment Amplitudes During Closed Kinetic Chain Squat Exercises

Nadia R. Azar,*,† Phillip McKeen, Brittany Cooper, & Krista Munroe-Chandler

Department of Kinesiology, University of Windsor, 401 Sunset Avenue, Windsor, Ontario, N9B 3P4

*Corresponding/†Senior Author: Nadia R. Azar; Tel: 519.235.5000 ext. 2473; Fax: 519.973.7056; azar5@uwindsor.ca

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The authors regret that there was an error in the labeling of concentric vs. eccentric phases of movement in the first two sentences in Section B of the Results (p. 195) shown below. The authors apologize for any inconvenience this may have caused.

There was a significant phase X exercise interaction (F[1,14] = 2.59, P = 0.04) (Fig. 3). Mean eccentric phase EMG was significantly higher for squats ($16.7 \pm 4.6 \text{ %MVC}$) than for pliés ($11.8 \pm 3.0 \text{ %MVC}$) (P = 0.0002). Mean concentric phase EMG showed the same trend (squats: $16.9 \pm 4.2 \text{ %MVC}$, plies: $14.0 \pm 4.6 \text{ %MVC}$; P = 0.006). Fig. 3 (p. 196) has also been corrected:

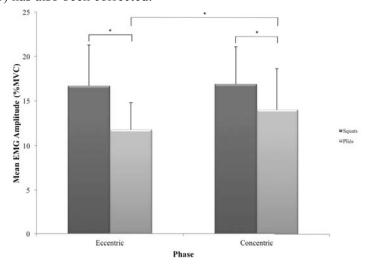


FIG. 3: VMO phase by exercise interaction. Both concentric and eccentric phases of EMG activity were significantly higher in the squats than in the pliés. The difference between mean concentric and eccentric phase EMG was significant for pliés, but not for squats.